



BERMAGUI SLSC COMMUNITY NEWS

SLSA Awards of Excellence

Venus Bay SLSC awarded SLSC Club of the Year

The SLSA National Awards of Excellence were held last weekend at the Art Gallery of NSW in Sydney.

Bermagui SLSC was honoured to represent NSW as a finalist for SLSC Club of the Year. Last Friday we had a 50 minute presentation and interview with the judging panel. Bermagui was represented by Bruce McAslan, Cheryl McCarthy and a young Nipper, Rachel Huxley. Rachel came up with the idea for the Patrol Buddies program and she was outstanding in representing our Club. She was composed and professional during her part of the presentation and even answered questions from the judges afterwards. Well done, Rachel!

We were up against some impressive Surf Clubs doing some amazing things. The winner on the night was Venus Bay SLSC from Victoria. Venus Bay is in a remote part of Victoria near Wilson's Promontory and they've done a great job of providing lifesaving services at a highly hazardous beach.

Their hard work has resulted in a 600% decrease in the number of rescues and an increase of 17% in the total number of hours patrolled.

We had the pleasure of meeting the Venus Bay SLSC team and we're hoping to make a road trip down to visit them over the summer to check out how they do things. Congrats guys!



Another person who deserves a mention is Matt Goddard from Broulee Surfers. As a 14-year old SRC member Matt performed a difficult rescue earlier this year. He was training on a race board at the time but was still able to pull off the rescue in challenging conditions. Matt was awarded an SLSC Meritorious Award for his efforts. Great job, Matt!

Although Bermagui didn't come away with the win we've had an amazing journey over the past 18 months and we're so proud of the entire team. Now on to even bigger and better things this season!



Training & Proficiency

Bronze/SRC Course

The new combined Bronze Medallion/Surf Rescue Certificate group are now half way through their course. We have 15 taking the course and they're a great group. They've come to us with a variety of skill sets and everyone has something unique to offer.

If you see them down on the beach the next two Sunday mornings give them some encouragement as they're doing a fantastic job and we can't wait to have them officially join the team.

Pic on right: Craig Allery, one of last year's graduates, with Bruce McAslan.



2017-18 Proficiency

Annual Skills Maintenance (Proficiency) sessions will be held in November on the dates below. These sessions will cover the following:

- Surf Rescue Certificate
- Bronze Medallion
- Advanced Resuscitation Tech.
- Spinal Management

IRB Driver and Crew skills maintenance will be held on patrols.

Email bermisurfclub@gmail.com with your choice of date.

PROFICIENCY DATES

12 November: 9:00 to 11:30 am

19 November: 9:00 to 11:30 am

THE SUNKEN ANCHOR QUIZ

1. What is the official language of Mexico?
2. What's the name of the big, bad dinosaur in The Land Before Time?
3. What country did Lithuania, Latvia and Estonia all leave in 1990?
4. How many horns is a unicorn said to have?
5. What name is given to a horse's shoemaker?
6. What is the winning position in chess called?
7. Which Italian city, apart from Milan, has an underground railway system?
8. Which pop star is sometimes called Wacko Jacko?
9. What peace prize was won by Polish unionist Lech Walesa?
10. What is the most commonly used word in the English language?
11. What is a polygon – a parrot, plaster for filling holes or a many-sided figure?
12. How many days are taken to complete the ten events of the Olympic decathlon?

Nippers Notes

Great start to the season

We've had a spectacular start to the Nippers season with the first two weeks featuring lots of Nippers and even the whales joining in.

It makes a huge difference with all of the willing hands so thanks to all of the parents who've pitched in to help out.

Twilight Christmas Nippers

We'll be having a twilight Nippers for our last session before Christmas. It will be on Sunday, 17th December starting at 2:30 pm so mark it in your calendars now. We'll be following Nippers with a BBQ and Sippers.

It's a special session for another reason too. Our Same Wave kids will also be joining and it'll be exciting to have everyone together on the beach.



Bermagui Carnival

The first carnival of the season is in Bermagui on Sunday, 3rd December starting at 8 am. It's a great opportunity for our kids to get some confidence up at our own beach to kick off the carnival season and it would be great to have as many competitors as possible.

We're also looking for volunteers to help with setup, water safety, BBQ, selling raffle tickets and more. If you're around that weekend and able to lend a hand please email us at bermisurfclub@gmail.com to let us know.

AROUND THE CLUB

Beach Skills Masterclass

There are still a few spots left in our first Masterclass of the season. It's scheduled for Sunday, 19th November from 9:30 to 10:30 am and is open to anyone who's interested, Juniors and Seniors.



Our first guest Masterclass coach is Sean Hendry. Sean has been coaching beach sprinters in beach sprints and flags for the past 25 years.

Sean's session will include tips on:

- Correct beach sprinting technique and body dynamics
- Starting techniques
- Beach Flags phases i.e start, acceleration, finish (diving)

The session is not just aimed at athletes. Age Managers and parents are also encouraged to take part so that the skills work can continue over the summer.

Email bermisurfclub@gmail.com to book your spot.

What's coming up at the Club?

Following some helpful feedback (thanks Captain Vano), we've added an extra page to *The Sunken Anchor* to give you all a quick view of what's going on at the Club over the next few weeks (see the next page).

Let us know if we've missed anything or if there's something different you'd like to see added.

Citizen of the Year Nominations Open

Nominations are now open for the 2018 Citizen, Young Citizen (under 25) and Senior Citizen (over 65) of the Year awards. Bega Valley Shire Council wants to encourage everyone in the community to recognise the efforts of friends, neighbours, colleagues and family.

Bega Valley Shire Council Mayor, Kristy McBain, says "the awards are a great way to honour those who work hard to make our community a better place; those that quietly and selflessly help others."

Nominations should include information about a person's service to the community and/or a distinguished performance over the past 12 months.

To nominate someone visit www.begavalley.nsw.gov.au/awards, email council@begavalley.nsw.gov.au or deliver nominations to any Council office by 21 November 2017.

For more information please contact Council's Events Officer, Tamara Whiting, on 6499 2394.



Search and Rescue Exercise off Bermagui

Surf Life Saving is teaming up with several other organisations including Police, Marine Rescue and the Westpac Lifesaver Helicopter to run a search and rescue exercise (SAREX) off Bermagui.

It will be held on Sunday, 26th November. The ability to work seamlessly with other emergency teams is critical in an incident so this is a great training opportunity and Bermagui SLSC has several members involved.



**THE
SUNKEN
ANCHOR**

To submit information and/or photos for an upcoming newsletter email Cheryl at bermisurfclub@gmail.com

1. Spanish, 2. Sharp Tooth, 3. The USSR,
4. One, 5. A blacksmith, 6. Checkmate,
7. Rome, 8. Michael Jackson,
9. The Nobel Peace Prize, 10. The,
11. A many-sided figure, 12. Two.

WHAT'S ON THIS MONTH

November 2017						
Sunday	Monday	Tuesday	Wednesd	Thursday	Friday	Saturday
			1	2 Bronze/SRC 6:30–8:30pm	3	4
5 NIPPERS 10:30 – 12:00 Bronze/SRC 9:30 – 12:00	6	7	8	9 Bronze/SRC 6:30–8:30pm	10	11
12 NIPPERS 10:30 – 12:00 Bronze/SRC 9:30 – 12:00 Proficiency 9:00 – 11:30	13	14	15	16 Bronze/SRC 6:30–8:30pm	17	18
19 Beach Masterclass 9:30 – 10:30 NIPPERS 10:30 – 12:00 Bronze/SRC 9:30 – 12:00 Proficiency 9:00 – 11:30	20	21 FSC Branch Meeting 7:00–8:30pm	22	23	24	25 WEDDING 4:30–11:30pm RSA Volunteers needed Silver Medallion Beach Management 8:30–12:30pm
26 NIPPERS 10:30 – 12:00 Search & Rescue Exercise off Bermagui	27	28 Club General Meeting 7:00–8:30pm	29	30		